



# 50 DINNER IDEAS

RHYTHMS, REST + ROUTINES

Lemon chicken

Teriyaki Chicken

Meatloaf

Hawaiian BBQ Chicken

Balsamic Pork Roast

Chef's Salad

Chicken Noodle Soup

Grilled Steak +  
Asparagus

Garlic-rubbed  
grilled chicken

BBQ Hamburgers

Egg Skillet Scramble

Tacos

Tuna Casserole

Pot Roast

BBQ Chicken sandwiches

Calzones

Citrus glazed ribs

Grilled Chicken Sausages

Lasagna

Chili

Pita Pizza

Pork Chow Mein

Sloppy Joes

Curry

Chicken Cacciatore

Chicken Enchiladas

Jambalaya

Kabobs

Chicken Marsala

Hawaiian Pork Chops

Garlic chicken

Salsa chicken

Fish and Chips

Pulled Pork Sandwiches

Grilled flank steaks

Grown Up Grilled Cheese

Carne Asada

Sweet + Sour Chicken

Roast Chicken

Beef Stir Fry

Grilled Salmon

Asian Chicken Salad

Vegetable Soup

Burritos

Omelet

Spaghetti + Meatballs

Grilled Steak Sandwiches

Beef stew

Chili on baked potatoes

Stuffed peppers

Chicken Quesadillas

Corned Beef + Cabbage

