



KATHI'S SIMPLE Step-by-Step Guide

SOCK & UNDERWEAR DRAWER MAKEOVER

A Simple, Step-by-Step Guide

STEP 1: DESIGNATE A “LOST SOCKS” SPOT

1. **Small Bin or Section**

- Pick a corner or small box in your drawer specifically for lone socks.

2. **Match Them Over Time**

- After a few laundry cycles, if a sock remains single, repurpose or toss it.

Quick Tip: A “lost socks” bin prevents them from scattering everywhere.

STEP 2: TOSS WORN-OUT OR UNWANTED ITEMS

- Check for holes, stretched-out waistbands, or pairs you never reach for.
- If you dislike them or they're in poor shape, let them go (trash or donate if brand new).

Quick Tip: Free yourself from “guilt underwear” or “maybe someday” socks. Keep only what's comfy and in good condition!

STEP 3: USE HONEYCOMB ORGANIZERS OR BOXES

- **Honeycomb Drawer Dividers:** Great for neatly separating socks and underwear.
- **Small Boxes (lidless):** Perfect for bras, tights, or delicate items.
- Keep everything visible and accessible.

Quick Tip: Label the boxes or note mentally which is for bras, tights, etc., to keep categories clear.

STEP 4: DETERMINE HOW MANY YOU NEED

1. Evaluate Laundry Frequency

- If you do laundry weekly, you might only need 7-10 pairs of socks.
- Same principle for underwear—stock up to avoid running out, but not so many that the drawer overflows.

2. Set a Limit

- If the drawer starts bulging, remove older items when new ones come in.

Quick Tip: Quality over quantity—stick to the pairs you love wearing.

STEP 5: LOVE YOUR BRANDS & LET GO OF THE REST

- **Stick to Brands You Trust:** If you bought socks you hate, don't force yourself to keep them. Return or donate.
- **Consistency** helps with matching and comfort—especially if you get the same type or color of socks/underwear.

Quick Tip: Identical socks are easier to pair, reducing mismatches in the laundry.

STEP 6: REMOVE NON-ESSENTIALS

- If random items (notes, receipts, trinkets) end up in your underwear drawer, find them a proper home.
- Keep the drawer exclusive to undergarments—less clutter, less chaos.

Quick Tip: If you really need a private hiding spot, dedicate a small box or container in another area, so it doesn't jumble your daily essentials.

MAINTAINING YOUR DRAWER

1. Weekly “Laundry Day” Check

- Match socks, place items into correct dividers, toss anything newly discovered with holes.

2. One-In, One-Out

- For every new pack of socks or underwear, remove older items you no longer use.

3. Small Adjustments

- Keep an eye on your “lost socks” bin—clean it out if those socks remain single.

Quick Tip: A 2-minute tidy-up each week keeps it from ever getting out of control.

READY TO TAKE ACTION?

- Clear out your sock/underwear drawer completely.
 - Toss or donate what you don’t wear, and organize the rest in labeled dividers or boxes.
 - Enjoy a frustration-free morning routine—**because life’s too short for mismatched socks!**
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Need more tips?

Listen to our full podcast episode for in-depth advice and real-life stories on how to keep that drawer clutter-free!

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KATHI LIPP'S CLUTTER FREE ACADEMY

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